



Group Facilitation Training

with
Jayne Johnson
and
Stephen Tame

The Energy Centre
Hebden Bridge
West Yorkshire

30th November and 1st December 2019
3rd - 4th and 5th January 2020
28th - 29th February and 1st March 2020

An 8 day experiential training

This course is primarily intended to support process group leaders to develop their skills, confidence and capacity.

This course is for practitioners leading groups which process emotional and relational material. It will be useful to trainers and group facilitators in a variety of fields, including: counselling, psychotherapy, homeopathy, wilderness leadership, mindfulness, coaching, yoga, shamanic practice, osteopathy, massage, training for trainers. You will need a level of awareness of your own emotional and relational processes, and a capacity to tolerate a wide range of group relational interactions.

The course will include:

- Creating the conditions - setting the conditions for a successful group
- Personal and group process work, facilitated by Stephen & Jayne
- Opportunities for course members to facilitate the group
- Supervision on your own group facilitation work
- Creative approaches to groupwork, including, for example; channel changing, bodywork, group sculpting, energy awareness, split group and individual work
- Working with polarisation, chaos, and conflict
- Developing your own facilitation style

The course will comprise 3 non-residential, 2 and 3 day weekend sessions

Total Cost of £800

There will be a maximum of 12 trainees in the group
Some concessionary places are available, dependent on need and bookings

To book your place please contact Jayne: 07913 656889 mail@jaynejohnson.co.uk